

# Donor Eligibility

## What are the donor qualifications?

*Identification* - Donor card or driver's license, also need social security number

*Age* - Donor must be at least 17 years old.

*Weight* - Donor must weigh at least 110 pounds wearing clothes and shoes.

*Good Health* - Feel well the day of the donation and know the exact names of medications currently taking or have taken in the last month.

*Past Donation* - Has not donated blood in the past 56 days; consult Donation Interval Criteria for other procedure types

The answers below have been gathered for potential donors who have questions about the most recent status of regulations regarding blood donor eligibility.

## Can I donate if I'm taking medication for high blood pressure?

Yes, if your blood pressure is within an acceptable limit the day of your donation.

## Can I donate if I am diabetic?

Yes

## Can I donate if I had a vaccination/immunization?

The deferral period varies depending on the type of vaccination/immunization you received. I will need to forward you to the appropriate medical staff to assess your situation.

## Can I donate if I have allergy symptoms?

Yes, if you do not have a fever, feel well, and have no problems breathing through the mouth.

## Can I donate if I have a cold or flu?

No.

## Can I donate if I have had a dental procedure done?

Cleaning, root canals, fillings and tooth extractions are okay if no infection is present. Wait 3 days after oral surgery, or after treatment for an abscess or infection.

## Can I donate if am taking antibiotics?

May donate on the day they finish the last dose of antibiotics as long as they do not have any symptoms. Preventative antibiotics (e.g. for acne, following dental procedure, etc.) are acceptable.

## Can I donate if I got a tattoo?

A person may donate if the tattoo was performed in the United States at a State licensed tattoo or body piercing business. A tattoo or body piercing obtained at ANY location other than at the tattoo business is NOT eligible to donate.



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## Can I donate if I had ear/body piercing done?

A person may donate if the piercing was performed in the United States at a State licensed tattoo or body piercing business. A body piercing obtained at ANY location other than at the body piercing business is NOT eligible to donate.

## Can I donate if I have poison ivy?

Yes, if it is not infected and is not on the inner elbow where blood is drawn.

## Can I donate if I had a needle stick with a non-sterile needle?

I will need to forward you to the appropriate medical staff to assess your situation.

## Can I donate if I had cancer?

I will need to forward you to the appropriate medical staff to assess your situation.

## Can I donate if I had a blood transfusion?

I will need to forward you to the appropriate medical staff to assess your situation.

## Can I donate if I am pregnant or nursing?

Persons who are pregnant are not eligible to donate. Wait 6 weeks after giving birth. You may donate if you are nursing, or recently had an elective abortion.

## Can I donate if I have high cholesterol?

Yes.

## Can I donate if I am on birth control?

Yes.

